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Sept. 2, 2009

Week 36 Issue 9

DATE FAST APPROACHING FOR VILLAGE'S FIRST RUN

BY MELODY FALCONER-POUNDER

"Even though I'm not running anymore, we still have to try to find a cure for cancer. Other people should go ahead and try to do their own thing now," Terry Fox said on Sept. 2, 1980.

This is what the Terry Fox Committee through the Bayfield River Valley Trail Association (BRVTA) would like people to keep in mind as there is now less than two weeks left until Bayfield's first Terry Fox Run, Walk, or Bike.

FILM SOCIETY

The Great Debaters is the first of four films brought to the village for the fall series by The Bayfield Film Society. It will be shown at the Bayfield Town Hall on Sept. 10 at 7 p.m.

The other theatrical offerings for the season are The Stone of Destiny, Oct. 8; La Vie En Rose, Nov. 12; and Paschendale, Dec. 10.

Season's tickets are available for $35; individual show tickets may be purchased at the door for $10 each.

For ticket inquiries please contact Lynne Gillians at 519 565-5884 or email lynnegillians@hotmail.com

BAYFIELD GUIDING

Are you looking for a fun and exciting opportunity for your daughter this fall? Bayfield Guiding has openings for Sparks, aged 5-6 years; Brownies, aged 7-8 years;

Residents and visitors will notice signs up around town advertising the first ever Bayfield Terry Fox Run to be held Sept. 13. (Submitted photo)

It will be an all-inclusive, non-competitive, family oriented event. The Bayfield run is a BRVTA initiative and is scheduled to start and end at Clan Gregor Square. Registration will open at 8:30 a.m. with the event to begin at 9:30 a.m. It will incorporate various parts of the Heritage and Sawmill Trails. Alternate routes will be offered to ensure that it is an inclusive event so that anybody wishing to participate in the run will be able to do so.

As stated in information provided by The Terry Fox Foundation, Fox is a national hero who continues to inspire us all by his heroic efforts and courage. Terry's Marathon of Hope took place in 1980. The main objective behind this endeavor was to inform Canadians of the importance of finding a cure for cancer. He ran an average of 42 km (26 miles) every day for 143 days. Terry was forced to end his run on September 1, 1980 when the cancer spread to his lungs.

> *It is now up to Canadians to continue his cause with the hope that one day a cure for cancer can be found.*

It was Fox's philosophy that if you have given a dollar you are part of the Marathon Of Hope. Putting forth a personal donation is a welcome way to raise funds for the run or participants can collect pledges using forms and/or online pledging. Pledge forms for the Terry Fox run are now available at: Leslies, Bayfield General Store, Sapphire Spa, Jacob's Ladder, Albion Hotel, Royal LePage, The Spa in Bayfield, Art See Cafe, Harry's, Lake Huron Realty and Outside Projects. Organizers would like to extend a thank you to the businesses who have agreed to distribute the pledge forms.

Just as Fox said, it is now up to Canadians to continue his cause with the hope that one day a cure for cancer can be found. The Terry Fox Foundation is responsible for supporting close to $20 million in discovery based research each year in Canada.

And progress is being made, through research, mortality rates have declined for all cancers combined and for most types of cancer in both sexes since 1994. Exceptions are lung cancer in females and liver cancer in males. Excluding lung cancer, mortality rates have dropped 20 per cent in women since 1978. Mortality is declining for males at all ages. Mortality declines are most rapid in children and adolescents. The recent development of targeted drugs such as Gleevec and Herceptin are making huge impacts with fewer side effects.

For more information on The Terry Fox Foundation, visit www.terryfoxrun.org. If you are interested in volunteering with the Bayfield run please contact Heidi Martin at outsideprojects@tcc.on.ca or Roger Lewington at rlewington@tcc.on.ca.

Guides age 9-12 years; and Pathfinders, aged 12-15 years.

The groups meet, with the exception of the Pathfinders, on Tuesday afternoons from 4:45 -6:30 p.m. at Trinity Anglican Church, 10 Keith Cres., Bayfield. They meet from mid-September to early June.

The Pathfinders will meet twice monthly at the Bayfield Village Inn on alternate Wednesdays from 6:30-9 p.m.

As a member of Girl Guides of Canada your daughter will be a part of the largest all female organization in the world. Guides Canada helps girls grow into positive young women. This year the organization will celebrate its 100th anniversary and many exciting events are in the works that girls and women will not want to miss.

Registration will be held at Trinity Church during Bayfield Guiding's first meeting of the 2009-10 season on Sept. 15. Girls interested in joining all the levels of Guiding are asked to attend. If you would like to reserve a spot for your daughter please phone Melody Falconer-Pounder at 519-565-2443 or email her at bvi@tcc.on.ca

HORTICULTURAL SOCIETY

Grahame Beakhust, will be the guest speaker at the next meeting of the Bayfield Horticultural Society on Sept. 21.

Beakhust, is the host of The Guerilla Gardener, a television gardening program that boasts 130 episodes profiling gardens in Canada, the United States and New Zealand.

Another highlight of the evening will be the society's annual fall plant exchange. Those who attend are asked to bring a favorite plant to exchange.

The evening will begin at 7:30 p.m. at the Bayfield Lions' Community Building.

FITNESS AND FUN

Fitness and Fun for both the mind and body is the focus of activities being offered in the village for the more mature among us.

Several of these programs are made possible by Town and Country Support Services (TCSS), while others are simply organized by community minded individuals and groups.

The TCSS are encouraging many avenues of fitness for people to explore this fall including: Dance Fit and Toning; Sit and Get

UNITED COMMUNITIES CREDIT UNION CELEBRATES OVER $1 MILLION IN GIVING

On Aug. 27, United Communities Credit Union celebrated over $1 million in giving over the past two years and announced an additional $35,000 contribution to help fight hunger in the Huron & Perth region. The announcement was made in Bayfield at a community reception held at The Doctors Inn.

Representatives from many of the non- profit Community Partners that United Communities Credit Union has worked with in the past two years enabling them to further their commitments to our communities. (Submitted photo) *Click image to view larger image*

“We are proud to have worked with a number of individuals and groups and to have had such a significant impact in the community. We’ve been involved in a number of initiatives including providing over 310,000 pounds of locally grown food through our Farms to Food Banks program, helping to send over 100 youth to post-secondary schools and leadership camps, and funding The Doctors Inn physician recruitment cottage,” said United Communities Credit Union President and CEO, Jim Lynn. “We could not be more pleased to be partnered with community groups that mirror our vision of making our communities better places to live”.

The Farms to Food Banks Program will receive $10,000 to purchase locally grown apples, potatoes, pork and beef for distribution to local food banks. The Huron County Food Distribution Centre will also receive $25,000 to purchase much needed equipment and refrigeration units to act as a storage facility for the smaller food banks.

“This is a step in ensuring a sustainable solution to our food banks needs, and we are proud to be involved in getting this facility started”, continues Lynn.

The Huron County Food Distribution Centre is currently located in Exeter while a search is made for a permanent facility. There are more than ten smaller food banks operating in Huron and Perth Counties that can access the food reserves at the distribution centre. Most of the smaller facilities lack the space for much refrigeration or freezer space so the distribution centre acts as a ‘holding’ facility for perishable food supplies.

The food banks currently involved in the Farms to Food Banks program are the Salvation Army branches in Clinton, Goderich, Seaforth, Exeter, Wingham and Listowel; St. Vincent de Paul, Goderich; North Huron Food Share; Friends of the Community, Clinton; and Blessings, Zurich.

United Communities Credit Union has been committed to enriching the lives of its members and communities in southwestern Ontario for over 66 years providing personal, business and community groups with flexible and professional banking, borrowing, investing and insurance products and services.

CHAMBER NEWS

“Deeply dippy beaches, blue water and Coronas on ice”…sound familiar? Well, from the perspective of a travel writer and resident of London, England, this describes life next to our very own Lake Huron.

Fit – Gentle Seated Exercises; Indoor Walking; Badminton; and Nordic Pole Walking.

Dance Fit and Toning will be held Mondays, Wednesdays and Fridays from 9-10 a.m. starting Sept. 9. If paid on Sept. 9 participants will receive all classes for $2. Those who decide to pay as they go will pay a fee of $3 for each class.

Sit and Get Fit – Gentle Seated Exercises will begin on Oct. 14. The classes will be held on Mondays and Wednesdays starting at 10 a.m. and will be 30 minutes in duration. The cost is $1 per class.

Indoor Walking will also begin on Oct. 14 and will take place on Mondays and Wednesdays. There is no charge to participate in this exercise which will be held from 10:15 a.m. to noon.

All three of the above classes will be held in the Bayfield Community Centre.

Huron Centennial School in Brucefield will be the location for Badminton. There will be no charge to participate in this sport offered on Tuesdays from 7-9 p.m. starting on Oct. 13.

Nordic Pole Walking is the latest fitness craze to hit the area. Classes will be held on Fridays at 10:30 a.m. with departure from 6 Main Street. To reserve a spot call 519 565-2202. Classes are scheduled to begin Sept. 11.

Keeping the mind fit is also part of the fun.

Mah Jongg games and instruction will be held at the Bayfield Lions’ Community Building (BLCB) on Thursdays at 1 p.m. The start date is Sept. 10.

Bridge Lessons for Intermediate Level Players will be held at the BLCB at 7 p.m. on Sept. 15, 22 and 29.

BRIDGE CLUB

Looking for an evening of cards?

The Wednesday Evening Bridge Club will meet at the Bayfield Lions’ Community Building on Sept. 2. The cards will be dealt. at 7 p.m. All are welcome to join in the fun.

GLEE SISTERS

If singing brings you joy and you are of the female persuasion, the Glee Sisters may be just the choral group for you to join.

The Glee Sisters consider themselves spirited women who hail from all corners of

Ellen Himelfarb, a former Ontarian and graduate of the University of Western Ontario now living in the “proper” London, penned the comprehensive article after spending two weeks near the end of July using Bayfield as her, her family and companions’ holiday base.

Deeply Dippy Beaches, blue water and Coronas on ice ....Lake Huron is Canada's own secret California

“At the Bayfield Chamber of Commerce (BACC), we were surprised and delighted to see a feature article in the August Times Travel Magazine published by the Times of London (UK),” said Roger Lewington, chamber president. “A copy was sent to a local resident by their daughter in England, and they kindly forwarded it to us.

“The article, *Deeply Dippy Beaches, blue water and Coronas on ice ....Lake Huron is Canada's own secret California*, gives a great overview of Lake Huron, and Huron County, as well as a number of references to Bayfield. I think the writer did an admirable job of capturing the essence of tourism including, the beauty of Lake Huron and the rich heritage, culture and tranquility of Huron County as a tourist destination,” Lewington said.

He went on to say that such exposure continues to show what visitors see when they come, and the importance of tourism to our local economy. It also reinforces the village as A Heritage Village on a Great Lake and the county's Ontario's West Coast brand.

“It is wonderful to have this exposure and to see our villageofbayfield.com and ontarioswestcoast.ca websites listed in such an important publication,” he concluded.

Have a look at the article. Click here: BayfieldSundayTimesUK.pdf (959 KB)

TAKE TIME 2010

One thing the organizers of the Take Time sessions realize is that time goes by quickly, and with just over four months until the Take Time 2010 series begins, they would like all in the community to mark their calendars so as to not miss out on some stimulating winter afternoons.

Take Time 2010, will follow the tremendously successful inaugural 2009 series. The sessions are sponsored by the four local churches in the village: The Church on the Way, St. Andrew’s United Church, Knox Presbyterian Church and Trinity Anglican Church.

Registration Day is set for Jan. 11 at Trinity. It will run from 10-11 a.m. Participants can sign up for all four sessions or individual sessions of their choice. The cost is $2 per session. The events will be held on Mondays from 1:30-3 p.m.

Knox Church will host the first session on Jan. 18. Sheila Macgregor will show participants how to write their life story. Macgregor will offer a fun and interesting afternoon to help people bring their own story to life to share with children and grandchildren.

Take Time will pause on Jan. 25 and organizers encourage all to attend the annual Bayfield Historical Society’s Annual Meeting and Dinner to be held at St. Andrew’s United Church at noon. For more information call Bud or Pat Langley at 519 565-2894.

Feb. 1, Take Time will resume with The Church on the Way acting as host. This session will be held at the Bayfield Community Centre. Maggie Brennan, of the Alzheimer Society of Huron will provide an Overview of Dementia. Also Pat Lewington will provide a time of exercise that should prove fun for all who attend.

St. Andrew’s will host the Feb. 8 session with Susan Smith, of the Thames Valley Education Center as the guest speaker. She will present, Paper Clips, a dynamic and moving account of how young people learned about the Holocaust and discovered a lot about themselves in the process.

The final Take Time session will be held at Trinity Anglican with Janet Tufts, of London, speaking about her time in Sudan and more recently with the Medical Hall of Fame in London.

Huron County. They will resume their weekly rehearsals on Sept. 10.

The group rehearses on Friday afternoons from 3-4:30 p.m. at St. Andrew’s United Church in Bayfield. Afterwards they enjoy a social time. The Glee Sisters’ Musical Director is Leslie Bella and their Associate Musical Director is Sue Scott.

New members are welcome, including anyone who has never sung in a group before. Email Leslie Bella at lbella@tcc.on.ca for more information.

POETRY READING

On Sept. 6, Molly Peacock, author of a newly released book of poetry entitled, The Second Blush, will share her poems with those who gather on the lawn in front of The Village Bookshop, 20A Catherine St. Matthew Hussey will set the tone with his musical talents.

The event is free and participants need only bring a lawn chair. Those who attend can gather for live music at 7 p.m. followed by the reading at 7:30 p.m.

CANADA POST

If you need to purchase stamps in Bayfield where do you go?

That may be an often asked question in the village for a while as residents and visitors get used to the recent move of the village postal outlet.

The outlet has moved from Jacob's Ladder, just off Main Street, to Bayfield Convenience, which is the variety store located in the JDs Restaurant building on the corner of Hwy. 21 and Mill Road.

The move was made on the morning of Aug. 28.

BAYFIELD YACHT CLUB

The Bayfield Yacht Club will host their Labour Day Weekend Regatta on Sept. 5.

Spectators should be on the look out for round the buoys racing off Bayfield Habour starting at 11 a.m.

And then with any luck perhaps spring will be just around the corner…

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SHEAR TALENT

DELECTABLE TREATS FROM LOCAL CHEFS AT TASTE OF HURON'S MARKET

The Bayfield Town Hall was home to a variety of restaurants, food vendors and food related organizations on Aug. 29 when the Taste of Huron Village Market came to town. The Huron County Food Bank Distribution Centre, of Exeter, (left) and Meeting Place Organic Farm, near Lucknow; were on hand to help raise their profiles in the community.

Over 150 people stopped by the Bayfield Town Hall on Aug. 29 for an opportunity to taste both savory and sweet delights created by the vendors exhibiting at the Taste of Huron's Village Market.

Participating local restaurants and chefs included: The Little Inn of Bayfield; Hessenland Country Inn, near St. Joseph; J's Bistro and Zephyr Fine Foods, both of Goderich. They provided tasty $2 samples of foods which were a treat for all who nibbled.

Ken Kostick, the star of "What's for Dinner?" and "He Said, She Said with Ken and Mary Jo," made an appearance at the Village Market mid-afternoon and discussed everything from his experiences with food as a child, to the inspirations behind his latest cookbook "$10 Gourmet" that hits shelves this fall.

According to a press release from the Huron Tourism Association, "Both the food vendors and community organizations were pleased with the crowd and felt that this was a great opportunity to educate the local community members and tourists about the bounty of Huron County and about the local chefs, restaurants, producers and food-related community groups in the area."

Fran McQuail, of Lucknow, and Kendra Biddick, of Maryland, USA, indulged in one of the sweet treats offered as part of the Taste of Huron Village Market.

Linda and Duncan Jewell are the owners of Zephyr Fine Foods of Goderich. They were kept busy preparing their food samples at the Taste of Huron Village Market.

John Ferrington, of Burlington, selected a food item to sample from the Zephyr Fine Foods booth. He is being served by Duncan Jewell, a personal gourmet chef. Jewell's wife Linda looks on.

Rachel Ferrington, of Burlington, was eager to try a variety of foods offered for sampling at Saturday's Taste of Huron Village Market.

Executive Chef at the Little Inn of Bayfield, Joseph Petrinac, took the time to chat with visitors to the Inn's booth. Here, Director of Marketing for the Little Inn, Bronwyn Metcalfe, listens intently to his conversation.

Alison and Bruno Trentacost, of Clarkston, MI, were interested in learning more about the Hessenland Country Inn; sharing the information with the couple was Hessenland representative, Lauren Gilfoyle.

The Hessenland Country Inn offered samples of Hessenland's German Cheesecake, a house specialty since 1984.

These decadent goodies, known as Buckeyes, are peanut butter truffles dipped in chocolate. They were offered for sampling by J's Bistro, of Goderich.

SUBMISSIONS

It may only be Sept. 2 but there is a decided hint of autumn in the air around Bayfield. It's early this year, appropriate enough perhaps as the local youngsters went back to school a few days shy of Labor Day - a first in my memory and thus, the explanation behind the recent, and seemingly early, creation of the traditional Picnic Table Pyramid in Clan Gregor Square. Many thanks to fellow Bayfield Breeze committee member, Dennis Pal, for being on the scene early to capture the sculpture through his camera lens before our many patient homeowners and merchants began to retrieve their borrowed pyramid accessories.

Ideas and contributions to the Bayfield Breeze are always welcome. Deadlines for submissions are Sundays at 4 p.m. Please email me bayfield.breeze@villageofbayfield.com or call 519-565-2443. Hope to see you online soon at www.villageofbayfield.com - Melody

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Ultra Media Gallery 5

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Special thanks to the **Bayfield and Area Chamber of Commerce**

Breeze Committee: Ian Matthew, Roger Lewington, Mike Dixon, John Pounder, Dennis Pal, Melody Falconer-Pounder

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