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March 23, 2010 Vol. 2 Week 13 Issue 90

COLLECTORS' EXHIBITION THIRD WEEKEND IN APRIL

Last year, approx. 500 people toured through the displays at the 10th annual Bayfield Historical Society's Collector Exhibition. They were treated to 26 displays including the Toronto Maple Leaf Memorabilia collection

HISTORICAL SOCIETY

David Yates, one of the most knowledgeable historians in Southwestern Ontario, will be the featured speaker at Bayfield Historical Society meeting to be held on March 28 at 7:30 p.m. at the Bayfield Lions' Community Building.

Yates has discovered fascinating new information about the Royal Navy on Lake Huron and the origins of the Canadian Naval Service and will be presenting it for the first time.

Also at the meeting tickets will be available for the upcoming original presentation of "Murder at the Albion Hotel - The retrial of Fred Elliott". This play will be held at the Bayfield Town Hall on the evenings of May 27 and May 28 with a matinee on May 29. Tickets are priced at $15 each and all net proceeds from this fun theatrical event will go to support the Bayfield Historical Society.

BAYFIELD GUIDING

owned by Dyan Hanly. This year the show will be held at the Bayfield Community Centre on Apr. 16-17. (Photo by Melody Falconer-Pounder)

The Bayfield Historical Society's 11th annual Bayfield Collector Show and Exhibition will be held a little earlier in April this year to accommodate for the lateness of Easter. The event will be held on Apr. 16-17.

The exhibition will be held at the Bayfield Community Centre and run from 10 a.m. to 5 p.m. each day. The official opening ceremony will take place on Saturday at 1 p.m. with several local dignitaries in attendance.

Historical Society member, Phil Gemeinhardt works very hard all year round at finding new and different collections and exhibitors for this event. Pedal tractors, vintage toys, rope making, museum and archive displays, sewing, dolls, china and sometimes even the weird and the un-identifiable; this show offers something of interest for everyone.

Popular aspects of the show continue to be the silent auction, appraisal corner and lunch booth.

The silent auction always has a vast selection of items generously donated by area businesses and society friends. Organizers note that bidding on the items is brisk on both days but to be sure to be the winning bidder it is best to be there when the auction closes at 4 p.m. on Sunday.

For more than a decade now, Tim Saunders, owner of Three Squirrels Antiques as well as a Historical Society past-president, has volunteered his time to preside over the appraisal table. With over 20 years experience in the antiques and collectables business, there is very little he cannot appraise. Those who wish to consult with him should bring no more than three items per person and pictures of furniture or other large items will suffice.

The Bayfield Historical Society is able to carry on many local projects because of the generous donations they receive at the door to this event as well as at the appraisal table. The spirited bidding that occurs on many of the silent auction items also makes this the largest annual fundraiser for the society.

For exhibitor or show information please contact: Phil Gemeinhardt, 519 482- 9230 or Binnie Sturgeon 519 565-2376.

EXETER LIONS CLUB RECOGNIZED

The members of the Exeter Lions Club were the winners of the Conservationist of the Year Award from the ABCA. The award was given out at a ceremony held on March 17 at Ironwood Golf Club.
Shown in this photo are: Kate Monk, ABCA supervisor of stewardship and conservation lands; Ted Jones, long-time Exeter Lions Club member; Ross Alexander, second vice-president, Exeter Lions Club; Bruce Hodge, first vice-president, Exeter Lions Club; and Jim Ginn, chairman, ABCA Board of Directors. (Submitted photo)

The Ausable Bayfield Conservation Authority (ABCA) Board of Directors have declared the members of the Exeter Lions Club Conservationist of the Year. The announcement was made at the ABCA's annual conservation awards evening on March 17.

Bayfield Guiding will be hosting a "Just Books Sale" on Apr. 2 in the Trinity Anglican Church Parish Hall from 10 a.m. to 1 p.m.

To make the sale a success the girls are now accepting gently used books of all genres with the exception of textbooks, encyclopedias and magazines.

Books can be given to members of Bayfield Guiding or dropped of at the Bayfield Village Inn from now until Apr. 1. For more information call 519 565-2443.

EARTH HOUR

Communities around the world will demand action on climate change by marking Earth Hour on March 26. All are encouraged to turn their lights off for 60 minutes starting at 8:30 p.m. (local time).

This year, Bayfield's version of Earth Hour will have a theme: "Restore Bayfield's Trees".

To celebrate Earth Hour in Bayfield everyone is invited to turn off lights at home and head to St Andrew's United Church for a concert given by the Glee Sisters choir, and their sister organization, Elliot's Liquidation Band. The evening will commence at 8 p.m. until 9:30 p.m. The musical selections will reflect the evening's theme.

In addition, there will be a presentation on a new plan to replenish trees in the village's public spaces, as the older ones die off. Donations will be accepted in support of the tree program. For more information email Leslie Bella, lbella@tcc.on.ca.

Organizers suggest participants bring a flashlight, candle or hurricane lamp to the event because for one hour the lights will be off in the church as well!

CANOE RALLY

The 26th Annual Stanley Canoe Rally is set to run Apr. 10.

The cost to enter is $20 for one poker hand. Registration will be held from 11:30 a.m. to 12:30 p.m.

Participants enter the race at Tyndall's Bridge on Airport Line (2nd of Stanley) and enjoy a five-mile run on the Bayfield River ending at the Varna Bridge.

To ensure a safe and fun time for all participants the following rules will be enforced: no motorized vehicles, everyone in the canoe must wear a life jacket; and participants must be 16 years or accompanied by an adult.

The event is organized by the Bluewater Stanley Recreation Committee with proceeds going to support minor sports in the community.

Accepting on behalf of Exeter Lions Club President Paul Scott and his worthy club were Bruce Hodge, first vice-president; Ross Alexander, second vice-president; and Ted Jones, long-time member.

The Conservationist of the Year Award includes a conservation-edition print entitled, “Green Winged Teal” by Pierre Girard. The ABCA will also make a donation towards a tree and plaque at a Commemorative Woods site maintained by the Ausable Bayfield Conservation Foundation. The club also received certificates of recognition from MP for Huron-Bruce, Ben Lobb and Carol Mitchell, MPP for Huron-Bruce.

The ABCA thanked the club for their record of decades of service, through active volunteering and fundraising, to develop and support accessible trails, outdoor and conservation education opportunities for youths and families, and for selfless volunteer dedication over two decades in support of healthier watersheds.

The Conservationist of the Year Award honors those who have undertaken conservation efforts over a number of years with long-term benefits to the natural environment and the watershed community. Examples of conservation include tree planting and best management practices in a home, farm, or business operation and volunteer efforts by groups and individuals in support of conservation. ABCA has been proud to present this award since 1984.

FIVE ALIVE INVITE COMMUNITY TO FAMILY FUN DAY

The Five Alive Committee that encompasses the five area United Churches will host a Family Fun Day on the afternoon of March 26.

All in the community are invited to join the congregations of Varna, Goshen, Brucefield, Kippen and Bayfield for some old-fashioned entertainment and a potluck supper.

The event will be held at the Brucefield United Church at 3 p.m. Those who attend are asked to bring favorite board games, cards and for the more active – hockey sticks.

The day will end with the meal served at 5 p.m. Those who take part should bring a favorite dish; drinks will be provided.

For more information please call Pete Walden at 519 233-7525 or Jeff Brandon at 519 565-2878.

ANGLICAN CHURCH

It is a Lenten tradition at Trinity Anglican Church to join in fellowship over a hearty bowl of soup while delighting in a great cinematic work.

“Soup and a Bun and a Movie Night” will continue over the next three weeks from 6-9 p.m. A free will offering is asked to cover the cost of soup and buns and all in the community are welcome.

The schedule of movies is as follows: The Blind Side, March 28; Joyeux Noel, Apr. 4; and Finding Neverland, Apr. 11.

BRIDGE CLUB

Pat Lewington and Brenda Blair were the high scorers when the Wednesday Evening Bridge Club gathered to play cards at the Bayfield Lions’ Community Building on the evening of March 16.

The club will meet next on March 30. The hands will be dealt starting at 7 p.m. All are welcome to attend.

IN MEMORIAM

The community will be saddened to learn of the death of former Bayfield restaurant owner, Mary Jane Coutts. She died peacefully at her home in Goderich on March 12. She was wife of the late Allan (Ross) Coutts (2006). Sympathy is extended to her daughter Karen Sue Estrella (Brice), and her grandchildren Leine Newby-Estrella and Rique Newby-Estrella of Texas her many friends and relatives. According to Mary Jane's wishes, cremation has taken place with no funeral service to follow.

SHEAR TALENT

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REMEMBER ME?

There are countless photographs of people in the Bayfield Historical Society’s Archives collection, but sadly their names were never recorded. In this section we will showcase an image with the hopes that one of our subscribers might be able to identify the individual(s) in the photo. Please email your information to the Editor’s attention at the address listed near the bottom of the page in “Submissions” or email the archivist directly at bayarchives@tcc.on.ca

ISSUE 88

or click on the image and make a comment on Flickr. See the entire Collection of Remember Me photos: Volume 2.

This week, does anyone remember this fellow whose photograph was taken in 1955?

In Issue 88, we showed brothers, Eddie and Billie Sturgeon. The image was taken in 1950.

ISSUE 89

In Issue 89, the young woman looking every bit from the 1920s era was Jean Woods.

Make your comments...click on any image and it will take you to Flickr.

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FEATURE STORY

COREY JOHNSTON WILL GO THE DISTANCE

SEVERAL MOTIVATING FACTORS BEHIND RUN FOR THE LEUKEMIA AND LYMPHOMA SOCIETY

And what has surprised her the most about this journey?

Corey Johnston, a Bayfield native, is training to run a Marathon-and-a-half this June 5. She also hopes to raise $5,000 for The Leukemia and Lymphoma Society of Canada (LLSC) in the process. (Submitted photo)

STORY BY MELODY FALCONER-POUNDER

Corey Johnston is one motivated young woman. The 23 year-old, who grew up in Bayfield and now calls Toronto home, decided to take up long distance running at the end of January with a goal of running a full-marathon-and-a-half the first weekend in June. But the decision wasn't made on a whim it was made with a cause in mind.

Johnston is looking to raise $5,000 for The Leukemia and Lymphoma Society of Canada (LLSC).

"Someone very close, and dear, to me was diagnosed last September and this was something I could do," said Johnston. "Every time I hit the streets in my running gear, I know that I'm doing something that can one day help save the lives of people close to me. I'm a part of the change that we all hope for when someone we love and care about is diagnosed with something as scary as cancer."

Johnston got a pamphlet in the mail one day in late January from the LLSC advertising information sessions about an organization called Team In Training (TNT). She realized that one of the information sessions was going to be very close to her house, so she decided to attend.

TNT began in 1988, when Bruce Cleland of Rye, NY formed a team that raised funds and trained to run the New York City Marathon in honor of Cleland's daughter, Georgia, a leukemia survivor.

The team of 38 runners raised $322,000 for The Leukemia & Lymphoma Society's Westchester/Hudson Valley Chapter. Due to the pioneering efforts of Cleland and the Westchester/Hudson Valley Chapter, TNT was born and has grown into the world's largest endurance sports training program.

"The most surprising thing would be how silly I was in the beginning. When I did my first five kilometer run, with the idea of completing a 42.2 KM marathon, it took me over an hour to complete. I hadn't pushed myself at all; I was out for a leisurely stroll! Now I am pushing myself to the limits, completing eight and 10 KM runs in under an hour and I have my five kilometer runs down to 30 minutes.

But there have been tough days and a glimpse at her very candid training blog reveals this, yet she stays motivated, keeps putting one runner in front of the other…

"I guess it's just the idea that what I'm doing will make a difference in someone's life. The research that LLSC sponsors currently funds 493 researchers in 16 different countries. Their research is used for a broad spectrum of health issues."

…Oh, and "Don't Stop Believing" by Journey on the old I-Pod that helps too. It is, after all, her theme song.

Anyone who would like to donate to Johnston's fundraising goal please visit her fundraising webpage at http://tinyurl.com/tntcorey. Donations via credit or debit card will be accepted.

Johnston also hopes to host a fundraising event in Bayfield in a few weeks. Please watch upcoming issues of the Bayfield Breeze for details.

Johnston has been keeping a blog to document her training journey. The following is an exerpt from an entry written on Jan. 29. It demonstrates how much music is a motivating factor in keeping her running toward her goal. To read more visit http://tinyurl.com/tntcorey

FIRST EIGHT KM RUN

This morning:

- Out of bed
- Eggs, red pepper, mushrooms, and spinach (mainly because I really do believe that's what made Popeye so strong) and a glass of milk for breakfast
- Get into my spandex, jogging pants, two pairs of socks, t-shirt, and sweatshirt
- 30 minutes of stretching
- I-Pod, shuffle, play, 11:04 a.m. hit the streets

It's a nice day outside, the sun is shining, it's not snowing, it is a nice day to be out jogging. Today I am taking a new route because I need to up my distance by another two kilometers...off I go.

Brittney Spears - Toxic - gets me started and I manage to get off to a pretty good pace

According to the TNT website, this year more than 40,000 runners, walkers, cyclists, hikers and tri-athletes will participate in the world's major marathons, triathlons, hiking adventures and century rides for the cause.

“When I attended the information session, one of the girls talked about the statistics,” Johnston said. "Every 35 minutes, someone in Canada is diagnosed with a blood cancer; once every 73 minutes, a Canadian loses their fight to blood cancer; blood cancers account for 44 per cent of childhood cancers. It was shocking and I kind of thought to myself, how can I not do this?”

Johnston has found the support of TNT also to be very motivating.

“Team In Training is great! Every Saturday morning, I am up at the crack of dawn and on my way to a Group Training Session (GTS). At the GTS, we start by having an information clinic - I have learned about proper running form, what kind of shoes I should have, what to wear, what to eat and drink, how to properly hydrate and how to properly cross train.

“The group sessions are so educational and our coaches are great at answering any questions we might have. On top of that, they laid out my training routine, provided me with fundraising clinics, and they even put members in touch with some of the researchers they sponsor.”

Johnston sat in on one of the “webinars” that TNT offers.

“I got to listen to a doctor/researcher who told us all about where the money we raise goes and what kind of breakthroughs it is helping to achieve,” she said.

She went on to explain that a portion of a GTS is set-aside for something called "Mission Moments".

“To keep us motivated, cancer survivors, and the family members of those who have lost their fight, come out and talk before we run and tell us how much it means to them that we are running for the cause.”

The group Johnston trains with is comprised of men and women of all different ages and goal sets.

“Some are participating in Ottawa, some in Nova Scotia, and some in San Diego. On top of that, some are doing half marathons and some full. Some are choosing to run while others are walking. It makes for a great group of people because no matter how different we all are, we have one really important thing in common - we are all running for a cure!” said Johnston.

There are a number of motivating factors that have kept Johnston on her journey to the San Diego Rock and Roll Marathon – music is a key component – she is the first to admit that the songs on her I-Pod are as essential as her running shoes when completing a training run.

“I chose to do the San Diego run because TNT is very involved with the event this year. The city of San Diego will be taken over by the purple TNT jerseys! The other reason is because it is a very unique run. They call it the Rock and Roll Marathon because there are bands all across the course so it is like a city wide party. The event also ends with a huge concert so it should be a lot of fun. I can't think of anything better to keep me motivated through the run than some live music,” said Johnston.

On June 5, Johnston will be running the purple and red routes, when she crosses the finish line she will have run 42.2 KM. To view the route please visit:Course Map (pdf)

At the time of this article’s writing, Johnston had tackled a new high of 17 KMs, a measure that has been steadily increasing since her first five kilometer run back on Jan. 28.

“Each training day is a little different. I run four times a week: Mondays, Wednesdays, Thursdays, and Saturdays. Mondays and Thursdays are recovery runs, usually short distances around three to five kilometers. Wednesdays I also run short distances - anywhere from four to 10 KMs. Saturdays are my long runs. We started out with six kilometers and will end up working our way up to 32 KMs.”

In addition to logging the miles in her sneakers, her diet is key to her training. She lists coffee deprivation as the most difficult aspect of the whole experience.

“I’ve had to increase my water and food intake. I get to eat all the pasta, bread, and other carbohydrates I want which is fantastic! I also get to drink chocolate milk after every run because straight away.

Then comes Time Warp from the Rocky Horror Picture Show and my pace instantly quickens. This song reminds me of Keegan, my sister, and some video she made with some old friends imitating the movie in the basement at our old house. I believe that video is still on my laptop. (I make a mental note to check when I get home.)

Beyonce - Crazy In Love - my body keeps moving at a jog thinking about high school cheerleading.

Sweet Caroline - Kurt and Barb's (uncle and aunt) wedding, dancing around with all the old rugby guys. Now I'm really feeling it, my breathing is good and I've set a great rhythm.

Ice Ice Baby - skip, no beat for jogging

Bon Jovi - It's My Life - I am starting to feel the jog in my upper thigh, but only on the right side, keep pushing through it, nothing else hurts that should make you stop. Quit whining and just push through it...

Bruce Springsteen - Fire - Pushing through the pain until I turn a corner and can no longer breathe through my nose because the wind is so cold...

Journey - Don't Stop Believing - Probably my favorite song of all time and I'm running down hill to it - couldn't be happier or more in the zone right now!

ACDC - Highway to Hell - now I've turned another corner and I'm looking at a hill that, at this point in my jog, seems like it could rival Mt. Everest in my mind. My legs are taking the biggest strides I can manage because I have convinced myself that if I do so it will be over faster. I'm so full of it!

I reach the top of the hill only to see that I have another hill that looks to be the exact same size as the one I just conquered - seriously, conquered because I've been running for six kilometers now.

Van Halen - Jump - comes on and I start running down hill and savoring every thump my foot makes against the ground. Some guy passing by makes a comment like, "Isn't it too cold to be jogging?" He's squishing my mojo.

I walk up the hill to Katy Perry's Teenage Dream and finish the rest of the jog home to songs like Great Big Sea, Consequence Free and Queen's Somebody to Love.

In the door by 12:11 p.m., not bad, but not too happy about the timing either. I stopped to tie my shoes twice...that must have eaten some of my time up. Maybe I should find running shoes

it is the best form of recovery drink."

Another difficult aspect of training has been the weather.

"There was one eight kilometer run where I came home with ice cubes for feet, I was not pleased."

On the opposite side of the coin, Johnston believes the easiest part of her training has been making the decision to stick to her running schedule.

"Whenever I feel like staying at home in my warm house, I think to myself that the time I spend cold, outside, and running is nothing compared to the hours of agony someone has to go through during treatments."

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with velcro, what ever happened to shoes with velcro anyway?

Off to have a nice weekend that is now "break" time. I don't know if I'll be able to pull off heels when going out tonight, my legs might not support me if I dare it!

Oh and I do still have that video on my computer!

PIXILATED — IMAGE OF THE WEEK

Moon In March 2011 *by Cate Cuerden*

Email your photo in Jpeg format to bayfield.breeze@villageofbayfield.com with the subject line Subscriber Photo of the Week. or...Upload your photo to Flickr.

I am looking for the Bayfield that is a delight to the eye – please share photos with a touch of whimsy, beauty, humor or a sense of fun. If you are to include people in your photos be sure to have their permission to publish their picture on-line and also send in their names and where they are from. And don't forget to tell me who took the photo for proper credit to be issued

SUBMISSIONS

Melody Falconer-Pounder

It seems of late we have to decide between bright shiny new strips of highway or the beautiful trees that grace their shoulders. This was evident when last year a group attempted to save the Osage Orange Trees that sat at the edge of Hwy. 21, just south of Bayfield. They only succeeded in having the five trees sentence commuted from Spring until Fall. In the end they were cut down without a trace - just a barren section of highway remains. Those trees were a mere .65 meters over what the Ministry of Transportation determines to be the clear zone.

Now road improvements have begun on Hwy. 4 and five Elm trees near Kippen have been given a death sentence. One of those trees may be familiar to our subscribers – she is a very healthy grand dame whose canopy acts as a gorgeous umbrella over the roadway. She is the type of tree people use as a landmark. She is estimated to be 138 years old.

She is a regal creation but one defenseless against the progress of man. People from far and near have rallied on her behalf, including, children's author Robert Munsch and astronaut, Roberta Bondar. These people have invited the media to do stories, have held a rally and created a Facebook Group, a site that now boasts 191 members (and growing). This publicity has generated a stay of execution for the five Elm trees – albeit a short one - MTO officials are to make a decision today.

A recurring suggestion being made by the common folk writing on the Facebook page is to put a guard-rail in front of the tree to combat vehicle safety concerns. This seems like a logical compromise and one I hope will be supported. The beautiful country landscape of Huron County may depend on it.

To learn more or to become a friend of these trees join the Facebook Group: Save the Elm Trees – Huron County/Highway4. To lend your voice in the fight to save these trees email Martin.Favell@ontario.ca. - Melody

Ideas and contributions to the Bayfield Breeze are always welcome.
Deadlines for submissions are Sundays at 4 p.m.

Please email me at bayfield.breeze@villageofbayfield.com or call 519-565-2443.
Hope to see you online soon at www.villageofbayfield.com

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